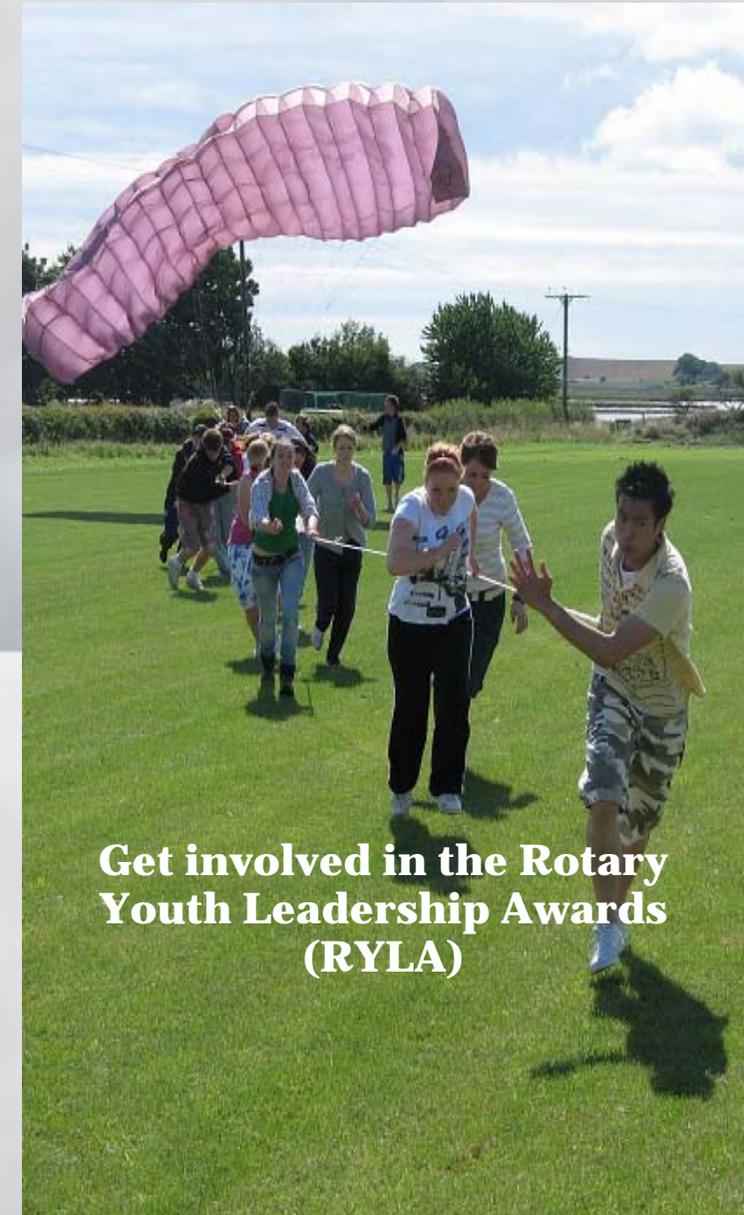


- RYLA gives you the opportunity to participate in activities such as rock climbing and rafting, and the chance to be a group leader.
- You will also be able to debate issues of professional responsibility and human relations with other young people and Rotarians.
- RYLA can help you improve leadership and communication skills and learn more about businesses or institutions.
- RYLA can help you gain leadership skills, learning from the expertise of existing Rotarians.
- In the increasingly competitive job market, RYLA will help you to stand out from the crowd, equipping you with valuable transferable skills.

For more information and how to apply, please contact your local Rotary club:



**Get involved in the Rotary  
Youth Leadership Awards  
(RYLA)**

Each year, in the first week of August, the Rotary club of Longbenton sends— young people aged 15 –20 to Alnmouth on a week of outward bound and team building activities as part of RYLA (Rotary Youth Leadership Awards). This leaflet depicts their experiences.

RYLA is Rotary’s investment in the leaders of tomorrow, operating in Rotary districts across Great Britain and Ireland.

Talented young people are invited by Rotary Clubs to attend a RYLA course which is a camp, 5 days in length. The courses are a blend of physical activity and cerebral activity producing a unique experience and learning environment.

The RYLA programme enables young people to debate issues of professional responsibility, improve leadership and communication skills, and meet Rotarians while having fun making friends.

## **RYLA gives you the opportunity to...**

- **Increase your self confidence**



*“It really helped me with my confidence when talking to new people and trying new things” - Alex*

- **Make new friends**



*“I made some great friends that I will never lose contact with” - Bobby*

- **Develop leadership skills**



*“I learned a lot about myself and working together with people around me” - Emma*

- **Meet community leaders and mentors**



*“The staff and the activities provide an amazing opportunity for young people”*

- Richard



The group work as a team to complete a task.